

## Report to the Public Health Partnership Board 26 April 2006

### Annual Review of the Sheffield Healthy City Program

#### **Purpose**

This report reviews Sheffield's progress in delivering the objectives of Phase IV (2003-8) of the World Health Organisation (WHO) European Healthy Cities Program and makes recommendations for further activity over the coming year. It also sets out a draft response to the WHO on our progress in implementing the objectives of the program over the last year (Appendix 1) and on action we will be taking to deliver the program over the coming year (Appendix 2).

#### **Background**

As a World Health Organisation (WHO) Healthy City, Sheffield is committed to promoting health and sustainable development through a partnership approach that reduces health inequalities, focuses on the determinants of health and involves local people. Membership of the Healthy City program provides Sheffield with the opportunity to work with cities from around the world to develop best practice in urban health. Designation as a Healthy City is not an award for success; rather it is recognition of the city's commitment to excellence in supporting the health of our population.

As a designated Healthy City, Sheffield is required to deliver activity against the agreed priorities of the WHO program. Delivery of these requirements has been integrated into the work of Sheffield First Health and Well-being (SFHW) Partnership, which is the formal steering group for the program in Sheffield. Responsibility for coordinating and commissioning activity to deliver the Program has been delegated to the Public Health Partnership Board (PHPB).

The PHPB agreed a Sheffield Healthy City Delivery Program 2005-8 on XXXX setting out how Sheffield will meet its requirements as a designated Health City. This report reviews progress against the delivery plan and makes recommendations for activity over the coming year.

#### **Requirements of Phase IV**

The basic requirements to which Sheffield has agreed by participating in the WHO European Healthy Cities Program are to:

- Support and build the capacity of the city's health partnership
- Regularly produce an up to date profile of health within the city
- Produce an integrated, city-level plan for health
- Provide WHO with regular progress reports and feedback
- Ensure a high level of public involvement in health strategy and policy
- Actively participate in the Healthy Cities Network

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In addition to these basic requirement cities participating in Phase IV are also required to undertake development work around four Core Themes. These are:

- Healthy Ageing
- Health Impact Assessment
- Healthy Urban Planning
- Active Living

Key requirements in relation to these four themes are to:

- Develop healthy urban planning policy and practice
- Develop Health Impact Assessment (HIA) expertise and resources within the city and to integrate the use to HIA into the city's strategy, plan and project development processes
- Develop an intersectoral approach to health ageing, ensuring that policies are 'age-friendly' and services meet the needs of older people.
- Ensure that key city officials working in the areas of the core themes are encouraged and provided with opportunities to meet and work with their counterparts from other network cities
- Provide WHO with information and case studies on experience, evaluations and achievements with the core themes

There is also an expectation that cities, and the network as a whole, will look for opportunities to interconnect and cross-fertilize the themes.

## **Review of Progress**

The following pages set out progress against the agreed Sheffield Healthy City Delivery Program 2005-8 and make recommendations for future action.

## City Health Partnership

**Overall Goal:** To support and build the capacity of the city's health partnership (SFHW)

**WHO Requirements:** All cities are required to have an intersectoral steering group involving political/executive-level decision-makers to guide their Healthy City program. This group should aim to ensure that all strategies and partnerships in the city (i) consider their explicit (rather than implicit) impact on health, well-being and health equality and (ii) take action to increase this impact.

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To support the continued development of SFHW partnership, ensuring it continues to play a strong role in guiding health policy for the city	To review the role of SFHW, its infrastructure, its positioning within the Sheffield First Partnership and its links with other partnerships within the family as part of the Sheffield First review.	Health Partnership Team fully established to support SFHW	Continue to support the work of SFHW	Ongoing	Health Partnership Team
		Role of SFHW reviewed and terms of reference revised through Sheffield First Review	Continue to support the work of PHPB	Ongoing	Health Partnership Team
		Terms of reference of Public Health Partnership Board and Older People's Partnership Board refreshed	Review SFHW infrastructure to clarify links with sub partnerships	Ongoing	SFHW/ Health Partnership Team

## City Health Profile

**Overall Goal:** To regularly produce an up to date profile of health within the city

**WHO Requirements:** WHO defines a city health profile as a quantitative and qualitative description of the health of its citizens and the factors that influence their health. A profile should identify actions to improve health, invite community participation in planning for health, inspire relevant groups to take action to improve health and set targets to monitor progress.

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To produce an updated city health profile	Sheffield Directors of Public Health to produce three-year rolling program of PCT, City and South Yorkshire level reports on health profiles.	PCT level DPH reports produced 2004/5  South Yorkshire DPH report in progress	Produce 2006 city level DPH report	Report Produced ???? 2006	Directors of Public Health
To continue to build strong links with national and regional public health monitoring organisations	Health Partnership Manger to sit on Regional Public Health Observatory Advisory Group.	Sheffield represented on Yorkshire and Humber Public Health Observatory Policy Board	Continue to attend YHPHO Policy Board	Ongoing	Health Partnership Team

## City Health Development Plan

**Overall Goal:** to produce an integrated, city-level plan for health setting out commitments by local authorities and other agencies to improve health within the city

**WHO Requirements:** A City Health Development Plan should set out commitments by local authorities and other agencies to improve health at the local level within the context of overall sustainable urban development. It should take a broad perspective so that actions taken in different sectors, at different levels and by various players hang together to provide an integrated approach to health and development.

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To ensure that the City Strategy 2005-8 sets out an effective plan for improving health within the city and tackling health inequalities and to support all Sheffield First partnerships in delivering health outcomes	To produce an updated city strategy that explicitly address the wider determinants of health across all themes:	Health Impact Assessment of draft City Strategy undertaken  New City Strategy Adopted  Priorities for joint working between SFHW and other Sheffield First partnerships identified through 2010 Health Strategy	Deliver priorities for joint working between SFHW and other Sheffield First partnerships as identified through 2010 Health Strategy	Ongoing	SFHW/Health Partnership Team

## Reporting to WHO

**Overall Goal:** To provide WHO with regular progress reports on delivering Phase IV of the Healthy City program in Sheffield and to provided feedback on lessons learnt in the form of case studies etc

**WHO Requirements:** All cities participating in the healthy Cities Network are required to provide regular reports to WHO on there progress in delivering the requirements of the program by completing an Annual Reporting Template. Cities are also required share their learning from the program within the network by producing case studies and research into the effectiveness of the approaches they have adopted and submitting these to WHO.

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To provide WHO regular feedback on overall progress with the Phase IV requirements through the Annual Reporting Template (ART);	Complete Annual Reporting Template (ART)	2005 ART returned	As agreed	Deadline April 2006	Health Partnership Team

## Public Involvement

**Overall Goal:** To ensure there is a high level of public involvement in the development of plans, strategies and programs for improving health

**WHO Requirements:** Cities participating in the network are required to develop clear mechanisms for public participation in the decision making process, ensuring local people are enabled to comment on and contribute to the development of local plans, strategies and programs. Cities will need to develop appropriate engagement, consultation and participation processes and structures, to build the capacity of local communities to participate in debate on health issues and provided clear information to the public.

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To ensure all sectors of the community have the opportunity to influence the development of city health policy & strategy	To support the development of a comprehensive public consultation program for the new City Strategy to include specific events on health	VCF views on health aspects of city strategy fed in through VCF reps on SFHW, Health Partnership Network and City Strategy HIA. SFHW approach to community engagement agreed bringing together PPI, LAA, Health Partnership Network and Health Compact. See also Elder Experts network under Health Ageing Theme	Continue to support the development of citywide PPI network	Ongoing	City Wide PPI Group
			To engage communities in the development of Enhanced Public Health Programs	Phase 2 EPHP Agreed (April 2007)	PHPB
			Also see Health Compact and Health Partnership Network below		
To promote understanding of health issues and knowledge of health strategies, plans and projects within Sheffield	To develop a SFHW communications strategy	SFHW newsletter produced detailing new role, structure and priorities of partnership  SFHW activity publicised through wide range of newsletters and media	To update SFHW Website	Website relaunched (June 2006)	Health Partnership Team
			To continue to publicise work of SFHW through wide range of exciting newsletters and media	Ongoing	Health Partnership Team
To support and further develop the capacity of the voluntary, community and faith (VCF) sector to play a strong role in developing and delivering health strategy	To continue to develop the Sheffield Health Compact, producing detailed policies on partnership working, consultation and funding.	Health Compact Protocols Agreed.  Annual Health Compact event held	As agreed	Annual Health Compact Event Held (????)	Compact Steering Group/Health Partnership Team
	To support the VCF sector in contributing to the development of city health policy through the Health Partnership Network	Four Health Partnership Network events held over last year.	As agreed	Health Partnership Network events held	Voluntary Action Sheffield

## Working in Partnership with other Cities

**Overall Goal:** To actively participate in the Healthy Cites Network taking advantage of opportunities for joint learning

**WHO Requirements:** To actively participate in the evaluation, learning and training activities of the Network and sub-networks and to ensure that key city officials and professionals with responsibilities in the areas of the core themes are encouraged and provided with opportunities to meet and work with their counterparts from other Network cities

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To actively participate in the WHO Healthy Cites European Network taking advantage of opportunities for shared learning.	Key politicians and public officials to attend the meetings of the European Healthy Cites Network	Sheffield delegation attended 2005 network meeting in Bursa including lead politicians, urban planner and health city coordinator	Sheffield to attend 2006 network meeting in Turku	Network Meeting (October 2006)	Health Partnership Team
	To produce and submit to WHO case studies on healthy city work in Sheffield and to present a selection of these at WHO events	Offer of urban planning case studies made but not taken up by WHO	As agreed	Submit case studies meeting (June 2006)	Health Partnership Team
To actively participate in the Network of UK Healthy Cites taking advantage of opportunities for shared learning.	Healthy City Coordinator and key officials to attend UK healthy Cites events.	UK healthy city meeting attended and March meeting hosted in Sheffield	As agreed	Next meeting (June 2006)	Health Partnership Team

**Core Theme: Healthy Urban Planning**

**Overall Goal:** To integrate health considerations into city's urban planning processes, programmes and projects and to establish the necessary capacity and political and institutional commitment to achieve this goal

**WHO Requirements:** WHO defines healthy urban planning as putting the needs of people and communities at the heart of the urban spatial planning process. Cities in Phase IV are required to explore practical and feasible ways for integrating health considerations into local urban planning practices. They are also asked to make health an explicit goal in the main local and strategic planning documents.

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To raise awareness and create a common understanding of the concept of healthy urban planning	To establish a program of events, training and information production in partnership with the Planning Service aimed at promoting local understanding of the principals of health planning	Program commissioned by SFHW/Director of Planning Transport and Highways. First event planned for May 2006 to include review of SDF consultation documents	As agreed	Ongoing (first event May 2006)	South West PCT (Steve Pintus)/ Director Planning, Transport and Highways/ Heath Partnership team
To engage urban planners in the work of the healthy cities programme	To identify a senior planner to lead on the Healthy Urban Planning theme	Lead planner identified (David Curtis) Director of Planning, Transport and Highways	As agreed	Ongoing	Director Planning, Transport and Highways
	To participate in the Healthy Urban Planning sub network and to engage planners in WHO Healthy Urban Planning Events and conferences	SCC Cabinet Advisor for Planning and Director of Planning, Transport and Highways attended WHO network meeting.	As agreed	Ongoing (next meeting June 2006)	Director Planning, Transport and Highways
To gain local practical experience from the application of healthy urban planning principles and approaches	To identify a small number of key planning projects within the city through which good practice in health urban planning can be developed and championed	Urban planning contribution to food strategy initiated	Ensure health contribution to Housing Market Renewal areas master planning processes		PHPB/Planning Service/ Health Partnership Team
		Also see HIA work on City centre, M1 widening and regional casino and work on EU funded physical activity project	Continue to engage urban planners in the delivery of the city food strategy		North PCT (Elle Brown)/Planning Service

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To propose institutional solutions for mainstreaming healthy urban practices	To undertake an Integrated Sustainability Appraisal of the new Sheffield Development Framework (SDF) to include reviewing its health impact	Sustainability Appraisal on SDF core policies completed with input from Health	As agreed	Sustainability Appraisal completed and SDF adopted (2008)	Planning Service (Simon Vincent)/ South West PCT (Steve Pintus)/
	To arrange a series of seminar/workshop through which health representatives can review the proposals in the draft Sheffield Development Framework	Event planned for May 2006 to include review of SDF consultation documents	As agreed	Workshops delivered (First may 2006)	South West PCT (Steve Pintus)/ Health Partnership Team
	To set up a working group to guide the development of healthy urban planning practice in Sheffield including identifying opportunities for improving the impact of planning on health and producing a program of actions for implementation	No progress to date	As agreed	Group established	South West PCT (Steve Pintus)/ Planning Service / Health Partnership team

**Core Theme: Health Impact Assessment (HIA)**

**Overall Goal:** To integrate health impact assessment as a systematic framework within the city that enables decision makers to take account of peoples' health and well being during policy, programme or project developments.

**WHO Requirements:** Cities are required to create an awareness within decision making processes of the broad determinants of health, inequalities in health and HIA methodology and gain support to conduct a health impact assessment on an emerging city policy, programme or project. The are also required to examine ways of mainstreaming HIA into the cities decision making processes

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To mainstream HIA as a means of enhancing the health and well-being impacts of key policies and mitigating and adverse impacts	To identify a program of HIAs to be completed as part of the Healthy Cities Program and to produce fully documented case studies for each of these.	HIA of Decent Homes Program Commissioned and due to complete in May	Complete Decent Homes HIA and implement findings	HIA Completed May 2006	PHPB
		HIA of public transport provision commissioned by SFHW	Undertake HIA of City Centre Development as tool to develop Enhanced Public Health Program for City Centre neighbourhood to include action to influence city centre planning guidance	HIA Completed March 2007	PHPB
		Preliminary scoping for HIA's of M1 Widening, City Center Development and Establishment of Regional Casino undertaken	Undertake HIA of M1 widening proposals	HIA Completed	South East PCT (Francis Cuning)
			Contribute HIA methodology to appraisal of regional casino proposals	Appraisal completed	PHPB
			Working with Sheffield First Partnership, to contribute HIA methodology to the appraisal of future public transport improvement plans	Appraisal completed	PHPB
	To support the development of a fully integrated appraisal tool for adoption by all Sheffield First Partnerships to include assessment of health impacts.	No progress to date	As agreed	Appraisal tool in place	Health Partnership Team

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To raise awareness and create a common understanding of health impact assessment and the contribution it can make to policies and plans for improve health	To establish a program of events, training and information production aimed at promoting local understanding of HIA principals and practice	No progress to date	As agreed	Program agreed	PHPB/Health Partnership Team
	To organise a training and development event for key decision makers in the principles and use of HIA	No progress to date	As agreed	Event held	PHPB/Health Partnership Team
To strengthen capacity within Sheffield to apply health impact assessments methodologies.	To develop a network to bring together all those involved in HIA in the city and to establish a central HIA resource	No progress to date	As agreed	Network established	Health Partnership Team
To share HIA learning with other European cities and to provide evidence of the value of HIA's	To produce case studies for HIA's undertaken in Sheffield	No progress to date	As agreed	ongoing	Public Health Partnership Board

**Core Theme: Healthy Aging**

**Overall Goal:** To generate strong local political commitment and to introduce policies and planning processes that will ensure a holistic and well balanced approach to the health development and care needs of older people

**WHO Requirements:** Cities are required to: develop mechanisms which support older people to participate and contribute to decision making processes; put in place systematic ways of assessing plans to ensure the full participation of older people in city life; provide equitable access to high quality, age friendly health and social care services; develop a range of leisure, educational, and cultural activities for older people; and, put in place intergenerational initiatives which provide social and practical support to older people

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To raise awareness and create a common understanding of the concept of healthy ageing	To develop a city strategy for an aging population	Strategy developed and adopted, action plan due to be developed by June 2006	Develop and implement action plan	Action Plan agreed June 2006	OPP/ SCC Housing Strategy Service
	To host a Health Aging Conference in Sheffield for local organisations and other UK healthy Cites	No progress to date	As agreed	Event held	Health Partnership Team/OPP
To actively engage older people in influencing, advising and monitoring city sector policies, initiatives and service provision	To support the continued development of 50+, the Elders congress and the Older Peoples Partnership Board	Funding secured through POPPs to establish Elder Experts network, coordinator appointed and due to commence in April	To continue to support the development of the Elder Experts network and to support work to ensure its long term sustainability	Elder Experts network established May 2006	POPPs Access and Engagement Group
To create and maintain strong social support networks in order to prevent social isolation and enhance health and quality of life.	To develop neighbourhood based support structures to increase the number of older people supported to live at home including those supported through community and voluntary services	Funding secured through POPPs to provide 16 community link workers in targeted areas and to develop a voluntary sector signposting service to facilitate access to VCF services	Community link workers to be rolled out to targeted neighbourhoods	Community link workers in place (May 2006)	POPP Core Group
			Voluntary sector signposting service to be established	VCF signposting service established (Sept 2006)	POPPs Access and Engagement Group
To achieve balanced, accessible health and social care for older people that promotes independence and well-being.	To re-engineering health and social care services for older people ensuring they provide high quality services that meet the requirements of older people	Strategy for integrated health and community care services for older people in development. Funding secured through POPPs to support process. Pilot integrated team established in North Sheffield.	As agreed	POPPs program commences May 2006 ends March 2008	OPSEG/POPPs Core Group

**Core Theme: Active Living**

**Overall Goal:** To increase physical activity rates within the city's population, promoting the benefits of an active lifestyle and supporting people in being more active.

**WHO Requirements:** This is a voluntary theme and there are no specific requirements placed on cities choosing to participate in it however participating cities will need to show a commitment to promoting active living and introducing policies, practices and programs that support their population in being more active and inform people of the benefits of an active lifestyle.

Objective	Agreed Actions	Progress to date	Proposed Actions	Milestones	Lead
To actively promote and facilitate increased physical activity rates within the population of Sheffield	To deliver City on the Move Strategy to increase Physical Activity Rates by 1% per year.	Annual Active Sheffield conference held	Continue to develop City on the Move campaign and website	Ongoing	Active Sheffield Partnership
		First city walking festival held	To continue to hold annual active Sheffield conferences, with regional or national event in 2007	2006 city conference held (Sept 2006)	Active Sheffield Partnership
		People's Movement physical activity campaign launched.	To hold second Sheffield Walking Festival	Next festival held (date to be confirmed)	Active Walking Partnership
		Older Peoples physical activity strategy and action plan commissioned	To develop and implement older peoples physical activity strategy and action plan commissioned	Strategy and action plan agreed July 2006	Active Sheffield Partnership
To develop best practice in promoting physical activity through joint learning with other cities	To actively participate in the WHO Active living Network	Sheffield member of the Active Living Network attended September 2005 meeting in Bursa and attending June 2006 meeting.	As agreed	Next meeting June 2006	Active Sheffield Partnership (Paul Billington/Chris Hudson)
	NOT APPLICABLE – NEW ACTION	Joint EU funded project with fellow health cities being developed to include identifying Urban Planning and campaigning interventions promoting physical activity in residential neighbourhoods	Submit application for EU funded physical activity project	Application for EU funding Submitted 19 May 2006	Health Partnership Team/ Planning Service

