

Sheffield Health Action Zone programme milestones 2004-05

	Milestones en route to delivering key project actions	Progress to date	Learning points to share?
April – June 2004	<ul style="list-style-type: none"> • Produce Action Plan for 2004/5 • Planned development into 'closing the gap' areas • Personal development plan for project staff • Promotion of recommended daily/weekly physical activity levels / how to achieve • 3500 User sessions • 9x New groups/sessions participating in activities, from 'closing the gap' areas • 3x New commissioned work for activities, in 'closing the gap' areas • Maintain & develop contact with existing groups & activity sessions • Maintain & develop activities for key target groups (children/disabled/50+/BEM/Women) • 10x people gain accredited training • Maintain & develop key partnerships • 2x Steering group (N.PCT Lifestyle) • 4x Community events • 3x Community Forums • 1x Media press release • 1x Group achieves funding for activities • 1x City-wide physical activity initiative • Continued development of Exercise Referral scheme to 'standards', into 'closing the gap' areas • 250x Exercise Referral clients • Advertising/promotion of sessions • HAZ Monitoring, evaluation & returns Q1 		

<p>July – September 2004</p>	<ul style="list-style-type: none"> • Continued development into 'closing the gap' areas • Promotion of recommended daily/weekly physical activity levels / how to achieve • 3500 User sessions (total 7000) • 9x New groups/sessions participating in activities, from 'closing the gap' areas (total 18) • 3x New commissioned work for activities, in 'closing the gap' areas (total 6) • Maintain & develop contact with existing groups & activity sessions • Maintain & develop activities for key target groups (children/disabled/50+/BEM/Women) • 7x New groups (total 15) participating in activities • 10x People gain accredited training (total 20) • Maintain & develop key partnerships • 2x Steering group (N.PCT Lifestyle) (total 4) • 4x Community events (total 8) • 3x Community Forums (total 6) • 1x Media press release (total 2) • 1x Group achieves funding for activities (total 2) • 1x City-wide physical activity initiative (total 2) • Continued development of Exercise Referral scheme to 'standards', into 'closing the gap' areas • 250x Exercise Referral clients (total 500) • Advertising/promotion of sessions • HAZ Monitoring, evaluation & returns Q2 		
<p>October - December 2004</p>	<ul style="list-style-type: none"> • Continued development into 'closing the gap' areas • Promotion of recommended daily/weekly physical activity levels / how to achieve • 3500 User sessions (total 10,500) • 9x New groups/sessions participating in activities, from 'closing the gap' areas (total 27) • 3x New commissioned work for activities, in 'closing the gap' areas (total 9) • Maintain & develop contact with existing groups & activity sessions • Maintain & develop activities for key target groups (children/disabled/50+/BEM/Women) • 10x People gain accredited training (total 30) 		

	<ul style="list-style-type: none"> • Maintain & develop key partnerships • 2x Steering group (N.PCT Lifestyle) (total 6) • 4x Community events (total 12) • 3x Community Forums (total 9) • 1x Media press release (total 3) • 1x Group achieves funding for activities (total 3) • 1x City-wide physical activity initiative (total 3) • Continued development of Exercise Referral scheme to 'standards', in 'closing the gap' areas • 250x Exercise Referral clients (total 750) • Advertising/promotion of sessions • HAZ Monitoring, evaluation and returns Q3 		
<p>January – March 2005</p>	<ul style="list-style-type: none"> • Continued development into 'closing the gap' areas • Promotion of recommended daily/weekly physical activity levels / how to achieve • 3500 User sessions (total 14,000) • 9x New groups/sessions participating in activities, from 'closing the gap' areas (total 36) • 4x New commissioned work for activities, in 'closing the gap' areas (total 12) • Maintain & develop contact with existing groups & activity sessions • Maintain & develop activities for key target groups (children/disabled/50+/BEM/Women) • 10x People gain accredited training (total 40) • Maintain & develop key partnerships • 2x Steering group (N.PCT Lifestyle) (total 8) • 4x Community events (total 16) • 3x Community Forums (total 9) • 1x Media press release (total 4) • 1x New groups achieve funding for activities (total 4) • 1x City-wide physical activity initiative (total 4) • Continued development of Exercise Referral scheme to 'standards', into 'closing the gap' areas • 250x Exercise Referral clients (total 1,000) • Advertising/promotion of sessions • HAZ Monitoring, evaluation & returns Q4 		